

Categ Pos	FirstName	LastName	Time	Category	Lap1	Lap2
1	Emily	BIRCHALL	00:51:11	Under 14 Girls	00:26:48	00:24:22
2	Roisin	CARTER	00:54:13	Under 14 Girls	00:26:48	00:27:25
3	Shannon	BULLER	00:57:35	Under 14 Girls	00:29:35	00:27:59
4	Aisling	DESMOND	01:02:49	Under 14 Girls	00:31:09	00:31:40
5	Shauna	MCFADDEN	01:03:53	Under 14 Girls	00:31:10	00:32:43
6	Elaine	YELVERTON	01:04:05	Under 14 Girls	00:31:09	00:32:56
1	Rachel	KAYEMELLOR	00:51:49	Under 16 Girls	00:26:49	00:25:00
2	Laura	Cooke	00:51:50	Under 15 Girls	00:26:49	00:25:01
3	Naoise	SHERIDAN	00:53:21	Under 16 Girls	00:26:49	00:26:32
4	Amy	HARKIN	00:57:18	Under 16 Girls	00:28:53	00:28:25
5	Roisin	Rice	00:55:42	Under 15 Girls	00:27:07	00:28:35
6	Rebecca	HEANEY	01:01:24	Under 16 Girls	00:29:36	00:31:48